

Coronavirus (COVID-19) Update

March 19, 2020

Dear patients,

In light of the recent COVID-19 pandemic, please review the following information so we can reduce the spread of the virus.

All pre-booked appointments will be reviewed by the physician and will be changed to telephone or video where appropriate. If you require an appointment re: a new medical issue, your doctor will review the request and decide if an in-person or virtual appointment (phone or video) is appropriate.

If you have a non-urgent appointment booked with any travel in the last 2 weeks:

- Consider delaying your appointment.
- Telephone or video appointments may be possible instead.

Please contact the office to make arrangements: 705-724-1020

If you develop a fever, cough and/or have difficulty breathing AND within 14 days have traveled to an impacted area OR, had close contact with a confirmed case of COVID-19, OR close contact with a person with acute respiratory illness who has been to an impacted area:

- Isolate yourself from others.
- Call the Public Health Unit at 1-800-563-2808 ext. 5229 and they will determine if you qualify for testing.
- Please call the office for advice instead of coming in directly. We do not have the capability to test you for COVID-19 at our office. We can provide a telephone or video appointment instead.
- If you do need immediate medical attention, such as severe difficulty breathing, you should call 911 and mention your travel history and symptoms.

Simple hygiene practices can help you stay healthy:

- Regular handwashing or using alcohol-based sanitizer
- Not touching your face

- Covering your cough or sneeze
- Staying home when sick – or making plans with your employer to work from home when sick
- Avoiding close contact with people who are sick

Thank you for your patience and cooperation during this time.

The resources below are available and updated.

Thank you for your understanding,

Your Powassan & Area Family Health Team

Resources

<https://www.myhealthunit.ca/en/health-topics/coronavirus.asp>

<https://www.virusfacts.ca/>

<https://www.ontario.ca/page/2019-novel-coronavirus#section-7>

<http://www.nbrhc.on.ca/patients-visitors/visiting-us/covid-19-coronavirus-resources-and-information/>

You can also watch our website and Facebook page for Powassan and Area Family Health Team specific updates.

<http://www.paafht.ca/>

<https://www.facebook.com/paafht.ca/>